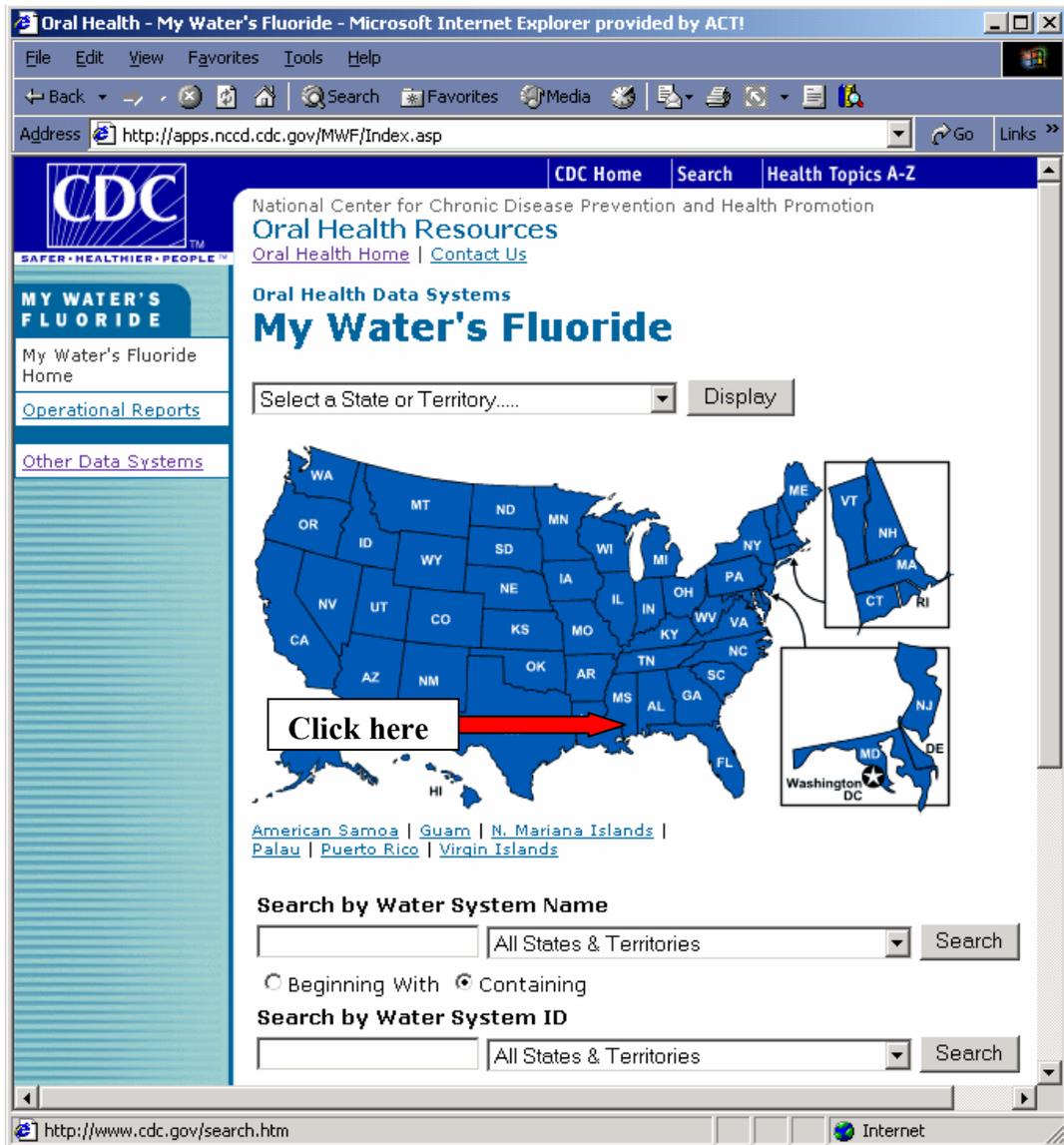


APPENDIX C

Instructions for using “My Water’s Fluoride”
Available at: <http://apps.nccd.cdc.gov/mwf>
(Please bookmark this website now)

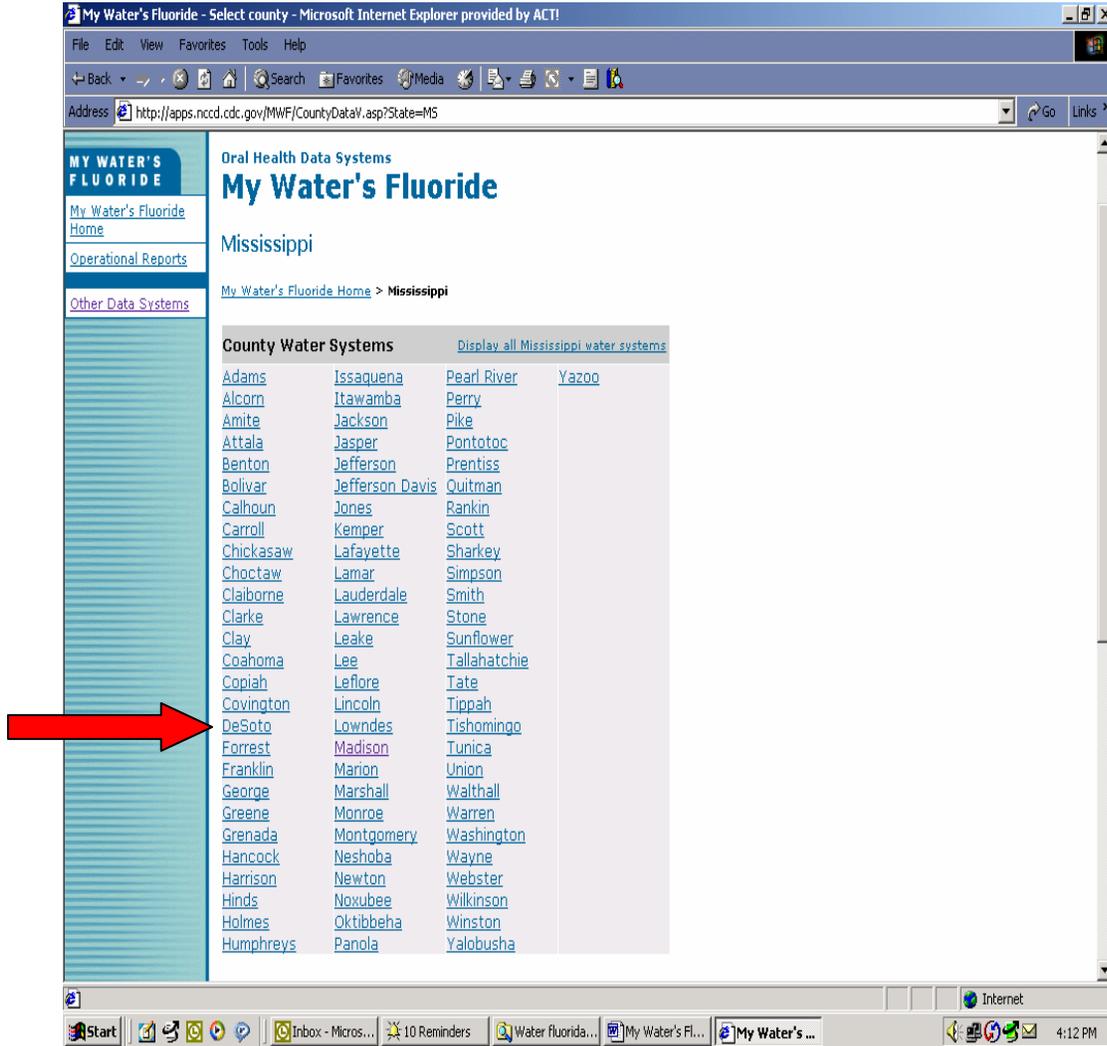
My Water’s Fluoride is an internet-based application developed by the Centers for Disease Control and Prevention (CDC) that provides the general public with information about individual public water systems. The data in My Water’s Fluoride is retrieved from the CDC’s Water Fluoridation Reporting System (WFRS), which is used by states and tribal governments to record information about their respective water fluoridation programs. My Water’s Fluoride may be accessed at: <http://apps.nccd.cdc.gov/mwf> or www.cdc.gov/oralhealth (look for “My Water’s Fluoride” on the page).



Users may select a state by clicking on that state or by using the search feature located just above the map.

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Users may select a state county by clicking on that county or by using the search feature located at the bottom of the page.



In this example, DeSoto county is selected by clicking on the link next to the red arrow. Currently, the Mississippi Department of Health permits public access to basic information for all public water systems in Mississippi.

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Users may select a water system from a list of water systems in the county. In this example, the City of Horn Lake is selected:

My Water's Fluoride - Search results - Microsoft Internet Explorer provided by ACT!

Address: <http://apps.nccd.cdc.gov/MWF/SearchResults.asp?State=MS&StateName=Mississippi&County=DeSoto&StartPg=1&EndPg=20>

My Water's Fluoride

Results found for DeSoto county of Mississippi.

25 Systems found. Displaying page 1 of 2.

Water System Name	Water System ID	Primary County	Other Counties Served
1. BELMONT WATER ASSN.	MS 0170001	DeSoto	
2. BRIGHT'S WATER ASSN.	MS 0170002	DeSoto	
3. CITY OF HERNANDO	MS 0170009	DeSoto	
4. CITY OF HORN LAKE	MS 0170022	DeSoto	
5. CITY OF OLIVE BRANCH	MS 0170015	DeSoto	
6. CITY OF SOUTHAVEN	MS 0170018	DeSoto	
7. COUNTRY HAVEN MOBILE HOME	MS 0170027	DeSoto	

My Water's Fluoride - Water System Details - Microsoft Internet Explorer provided by ACT!

Address: <http://apps.nccd.cdc.gov/MWF/PWSDetailV.asp?PWSID=0170022&State=MS&StartPg=1&EndPg=20&County=DeSoto&P1>

My Water's Fluoride

Water System Details

Water System Name: CITY OF HORN LAKE

Water System ID Number: MS 0170022

Total population served by water system: 13537

Primary county and population served: DeSoto

Water source: Ground

Water system type: Community

Does this water system supply fluoridated water?
See Note Below

Fluoride concentration: 0.00 mg/L

This water system is under the jurisdiction of: State of Mississippi

The red arrows show where the water system's fluoride status is located.

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At the bottom of an individual water system page, the link entitled “[View operational reports for this jurisdiction](#)” allows the user to display basic information for a water system. The link also enables the user to select operational reports that the jurisdiction has permitted for display. Available operational reports include a listing of all fluoridated water systems and non-fluoridated water systems as well as a monthly operational summary of the State’s fluoridation activities.

The screenshot shows a web browser window titled "My Water's Fluoride - Water System Details - Microsoft Internet Explorer provided by ACT!". The address bar contains the URL: <http://apps.nccd.cdc.gov/MWF/PWSDetailV.asp?PWSID=0170022&State=MS&StartPg=1&EndPg=20&County=DeSoto&P>. The main content area displays the following information:

Total population served by water system:	13537
Primary county and population served:	DeSoto
Water source:	Ground
Water system type:	Community
Does this water system supply fluoridated water? **See Note Below**	No. This water system has a natural fluoride concentration below the level considered optimal for the prevention of dental caries (cavities).
Fluoride concentration:	0.00 mg/L
This water system is under the jurisdiction of:	State of Mississippi
For further information, contact:	Mississippi State Dept of Health Dental and Oral Health 570 East Woodrow Wilson PO Box 1700 Jackson, MS 39215-1700 601-576-7500 john.justice@msdh.state.ms.us

A red arrow points to the link: [View operational reports for this jurisdiction](#)

**Information on this page has been compiled from various sources. Verify information with local utility or health department before making any health based decisions.

APPENDIX C

My Water's Fluoride may be used in conjunction with our Schedule of Supplemental Fluoride Dosage to facilitate the prescribing of fluoride supplements by qualified health providers:

Prevention · Protection · Information

Mississippi Department of Health
Governor · State Board of Health · State Health Officer

News | Calendar | Publications | MDH Health Planning | Information Desk | Search

Home

Supplemental Fluoride Dosage Schedule

Services & Programs
Women and Children
Breast & Cervical Cancer
Breastfeeding
Child & Adolescent Health
Child Care
Children's Health Insurance (CHIP)
Children's Medical Program
Dental and Oral Health
Fluoride Information
Fluoride Topics
Domestic Violence & Rape
Early Intervention Library
Early Screening (EPSDT)
Family Planning
First Steps (Early Intervention)
Hearing Screening & Testing
Immunization

Guidelines for systemic fluoride supplements recommended by the American Dental Association, the American Academy of Pediatric Dentistry, and the American Academy of Pediatrics are presented below. Supplemental dosage is based on the amount of naturally-occurring fluoride in the local public drinking water. Figures in this table are given in mg/L (equivalent to ppm).

Supplemental Fluoride Dosage Schedule (mg of Fluoride per Day)

Age of Child	Milligrams/Liter of Fluoride in Drinking Water (mg/L F)		
	< 0.3	0.3 – 0.6	> 0.6
Birth to 6 months	0	0	0
6 months to 3 years	0.25	0	0
3 to 6 years	0.5	0.25	0
6 to 16 years	1.0	0.5	0

The Supplemental Fluoride Dosage Schedule is located under “Dental and Oral Health” at <http://www.HealthyMS.com/dental>.

For more information about My Water's Fluoride or the Supplemental Fluoride Dosage Schedule, please contact John Justice, Fluoridation Administrator, at John.Justice@HealthyMS.com, or Dr. Nicholas Mosca, Dental Director, at Nicholas.Mosca@HealthyMS.com, or contact us by phone at (601) 576-7500.

(Local administration of this web-application was made possible by a partnership between the Bower Foundation and the Mississippi Department of Health)